

DONCASTER ROWING CLUB

MEN'S CAPTAIN 2015 REPORT – Alan Whitnall

The men's section currently has 34 members, 25 of the men are actively involved in regular rowing. We have had 8 new male members join the section in 2015.

The men's section have continued to attend regattas and head races throughout 2015 with winning crews at: Bradford and the Boston Marathon. Additionally we entered a Masters crew for the first time at the Upper Thames Head.

This year the Doncaster Men's Section were able to enter two Masters Crews at the Boston Head Race for the first time.

The men's section would like to pass on their thanks to Dan Fisher for his support and encouragement over the year, his coaching and training workshops have been invaluable and have certainly challenged us.

I would like to pass on thanks to Adam Manson, Phil Haigh, Ryan Bywater and Brian Smith for volunteering to drive the trailer to events, without this support there would be no competitive rowing.

Towards the end of the summer it was agreed with the Ladies and Junior Captains that adult rowing would take place on both Saturday and Sundays to maximise the opportunity for senior sections. Saturday training is used to develop technique in 'new' rowers with Sunday being used to facilitate crew training. I believe this new arrangement has been well received by all members and has developed more camaraderie between the ladies and gents sections.

Looking forward we need to continue with the success of learn to row and encourage more new members into the section. We will continue to focus on technique and fitness training to improve our competitiveness but this will not be at the expense of failing to offer rowing for all, for those who may prefer to row socially.