



## **Doncaster Rules**

Doncaster Rowing Club is fully committed to safeguarding and promoting the well-being of all its members, ensuring a positive and enjoyable experience for all. The club believes that it is important that members, coaches, administrators and parents and supporters associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Debbie Webb (Child Safeguarding Officer), or Adam Manson Club Captain; Tracey Elliott, Ladies Captain ; Adrian Taggart, Men's Captain Lynsey Mann Juniors Coach.

As a member of Doncaster Rowing Club, you are expected to abide by the following code of practice: All members must take responsibility in ensuring they have read the Rowing Club rules, understand and adhere to them. This is vitally important for the safety of yourself and others on the water and to protect boats and equipment from damage.

All members must respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background, religious beliefs or sexual orientation.

Members should recognise the valuable contribution made by coaches and officials who are usually volunteers. They give their time and resources to provide safe rowing for you progression in your sport. All members must respect officials and publicly accept their decisions.

All members should be a positive role model, treat other rowers, supporters and officials with the same level of respect you would expect to be shown to you.

Use correct and proper language at all times.

Members are not allowed to smoke, consume alcohol or drugs on club premises or whilst representing the club.

Members should keep to agreed timings for training and competitions and inform their coach or team captains if they are going to be late. Rowing depends on team work - an eight cannot go out with only seven rowers! . Everyone is necessary and teams need to be informed as early as possible if you cannot make a training session or an event